

L'ALME

GROOMING

PLASTIC SURGERY: WHAT MEN WON'T TALK ABOUT

The industry of mens grooming has increasingly changed over the past 10 or more years. Mainly because procedures once considered to be taboo have now become commonplace in the male lifestyle.

Written by: Coleen Janeway, Beauty Expert, co-host of #skinfoodbodylove series on AppleTV, Roku and KNEKTTV